

**Ben Deranian**

**2/25/23**

Seratone – 3 each morning

Gabamax – 1 scoop morning/ 1 scoop dinner/ 1 scoop bed

We will Call in 10 days to find out about anxiety, GABA symptoms

Intestinal permeability – see graphic...the supplements below correspond with the back page recommendations...

GI protect Powder – 1 scoop twice daily for 30 days then 1 scoop daily thereafter

Glutamine Pro – (flavored) – 1 scoop daily

Glutamine Pro – (unflavored) – 1 scoop daily

Probio 100- 1 each morning

Pro HCL Zyme – 1 with meals

Liquid D3 – 10 drops daily

Follow this for 60 days...then we will test bood